

MEDICATIONS FOR DEPRESSION AND ANXIETY

	TRADE NAME	GENERIC NAME	AVAILABLE FORMS	DOSING	DURATION	PEAK EFFECT	FDA INDICATION	SIDE EFFECTS	COMMENTS
S S R I	CELEXA	citalopram	Tablets: 10, 20, 40 mg Solution: 10 mg/5ml	Start with 10 mg given every morning Dose range: 10-40 mg daily	24 hours	4-6 weeks	MDD (A)	Common: nausea, dry mouth, somnolence, insomnia, tremor, ejaculatory dysfunction, dyspepsia, decreased libido Serious: serotonin syndrome, increased suicidality/worsening depression , mania,	Good side effect profile. Does not usually cause insomnia
	LEXAPRO	escitalopram	Tablets: 5, 10, 20 mg Solution: 5 mg/5ml	Start with 5 mg (or less) given every morning Dose range 5-20 mg daily	24 hours	4-6 weeks	MDD & GAD (A)		S-isomer of citalopram
	LUVOX	fluvoxamine	Tablets: 25, 50, 100 mg	Start with 25 mg given at bedtime; doses above 50 mg should be divided Dose Range: 50-300 mg daily	24 hours	4-6 weeks	OCD (A)		Luvox brand discontinued in US
	PAXIL / PAXIL CR	paroxetine	Tablets: 10, 20, 30, 40 mg Solution: 10 mg/5ml CR: Tablets: 12.5, 25, 37.5 mg ER	Start with 10 (12.5 if CR) mg daily (may be given at night) Dose range: 10-50 (12.5-37.5 if CR) mg daily	24 hours	4-6 weeks	Paxil: MDD, OCD, Panic, SAD, GAD, PTSD (A) Paxil CR: MDD, panic, PMDD (premenstrual), SAD (A)		Increased risk of withdrawal symptoms if discontinued abruptly
	PROZAC	fluoxetine	Tablets: 10, 20, 40 mg Solution: 20 mg/5ml	Start with 5-10 mg given every morning Dose range: 1-20 mg in children under 12 y/o and 5-40 (to 80 in some cases) mg in children over 12 y/o	24-72 hours	4-6 weeks	MDD, OCD, Bulimia Nervosa, Panic, PMDD (A) MDD (8-17 y/o), OCD (7-17 y/o)		Weekly form available. Long half life prevents withdrawal symptoms if dose is missed
	ZOLOFT	sertraline	Tablets: 25, 50, 100 mg Solution: 20 mg/ml	Start 25 mg per day Dose range: 50-200 mg daily	24 hours	4-6 weeks	MDD, OCD, Panic, PTSD, PMDD, SAD (A) OCD (6-17 y/o)		
O T H E R	EFFEXOR / EFFEXOR XR	venlafaxine	Tablets: 25, 37.5, 50, 75, 100 mg XR Capsules (Extended release): 37.5, 75, 150 mg	Start 75 mg/day in divided doses; XR form can be used once daily Dose Range: 75-225 mg (225 mg max per FDA indication; however, in adults max frequently up to 375 mg)	8-12 hours XR: 24 hours	4-6 weeks	MDD (A) XR: MDD, GAD, Panic, SAD (A)	Common: nausea, dry mouth, somnolence, insomnia, tremor, ejaculatory dysfunction, dyspepsia, decreased libido Serious: serotonin syndrome, increased suicidality/worsening depression , mania, HTN , seizures	Monitor BP closely
	CYMBALTA	duloxetine	Capsules: 20, 30, 60 mg	Adults: 40-60 mg /day for MDD, up to 120 for GAD	24 hours	4-6 weeks	MDD, diabetic neuropathy, GAD (A)	Common: nausea, dry mouth, somnolence, insomnia, tremor, ejaculatory dysfunction, dyspepsia, decreased libido, HTN Serious: serotonin syndrome, increased suicidality/worsening depression , mania, hepatotoxicity, Stevens-Johnson syndrome , seizures	Monitor BP closely
	WELLBUTRIN	bupropion	Tablets: 75, 100 mg	Start with 75 mg given twice per day Dose range: 37.5 to 450 mg/day in 2-3 divided doses	12 hours	4-6 weeks	MDD (A)	Common: Insomnia, irritability, dry mouth, headaches, stomach upset, agitation, muscle aches, appetite suppression and weight loss, constipation or diarrhea. Less common: Stevens-Johnson syndrome, erythema multiforme, seizures , mania, psychosis, increased heart rate,	
	WELLBUTRIN SR	bupropion	Tablets: 100, 150 mg	Start: 100 mg PO qam, incr. 100 mg/day qwk, divide dose bid Max: 400 mg/day Info: avoid/minimize alcohol use; do not cut/crush/chew	12-24 hours	4-6 weeks	MDD (A)	liver failure, severe hypertension, migraines, worsened depression, suicidal thoughts	
	WELLBUTRIN XL	bupropion	Tablets: 150, 300 mg	Start: 150 mg PO qam, incr. after 7 days to 300 mg/day Max: 450 mg/day Info: avoid/minimize alcohol use; do not cut/crush/chew	24 hours	4-6 weeks	MDD & SAD (A)		

NOTE: ALL INFORMATION SHOULD BE CHECKED AGAINST CURRENT PDR