

SESSION

16

DEPRESSIVE SYMPTOMS INTERVENTION

SESSION HANDOUTS

The following materials are included for you to utilize during Session 13 of this module:

The Finish Line

The Finish Line

Number	Goal	Accomplished	Left to do
1			
2			
3			
4			
5			

Finish Line Questions:

- What goals were most important to you?
- Which accomplishments were you most proud of?
- What were the hardest goals to work on?
- Which goals will you continue to work on?

Celebrate your accomplishments, you've earned it !

