

**SESSION**  
**2**

# **DEPRESSIVE SYMPTOMS INTERVENTION**

# **SESSION HANDOUTS**

The following materials are included for you to utilize during Session 2 of this module:

**Handout 2.1:** Effective use of Reinforcement

**Handout 2.2:** Outcome of Reinforcement

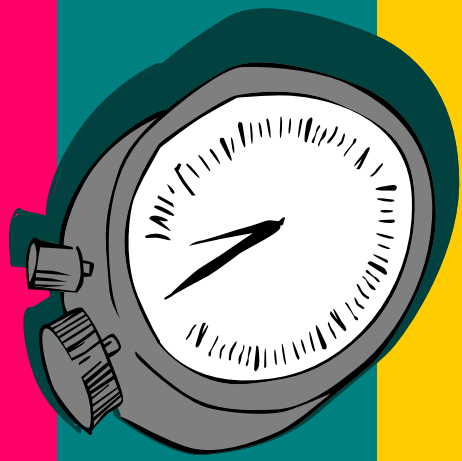
**Handout 2.3:** R and R Menu:

# Effective Use of Reinforcement



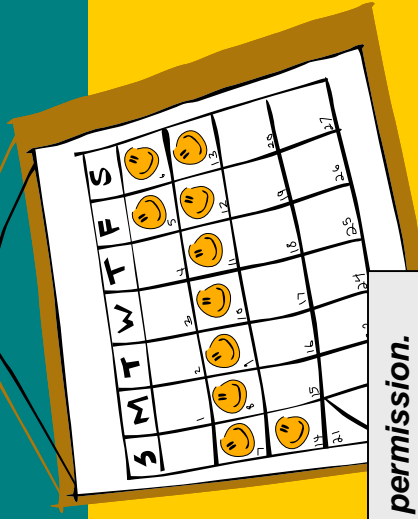
Truly Desirable

Contingent



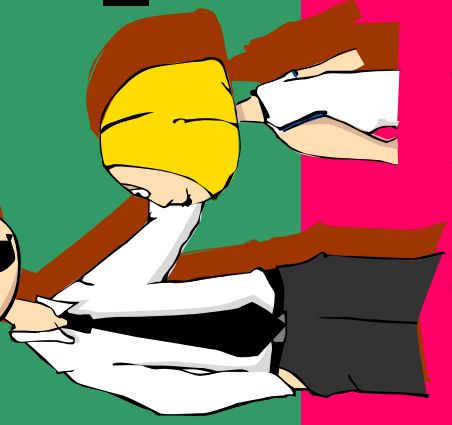
Consistent

Immediate



# Outcomes of Reinforcement

I really like the way you've been doing your chores without me asking you.

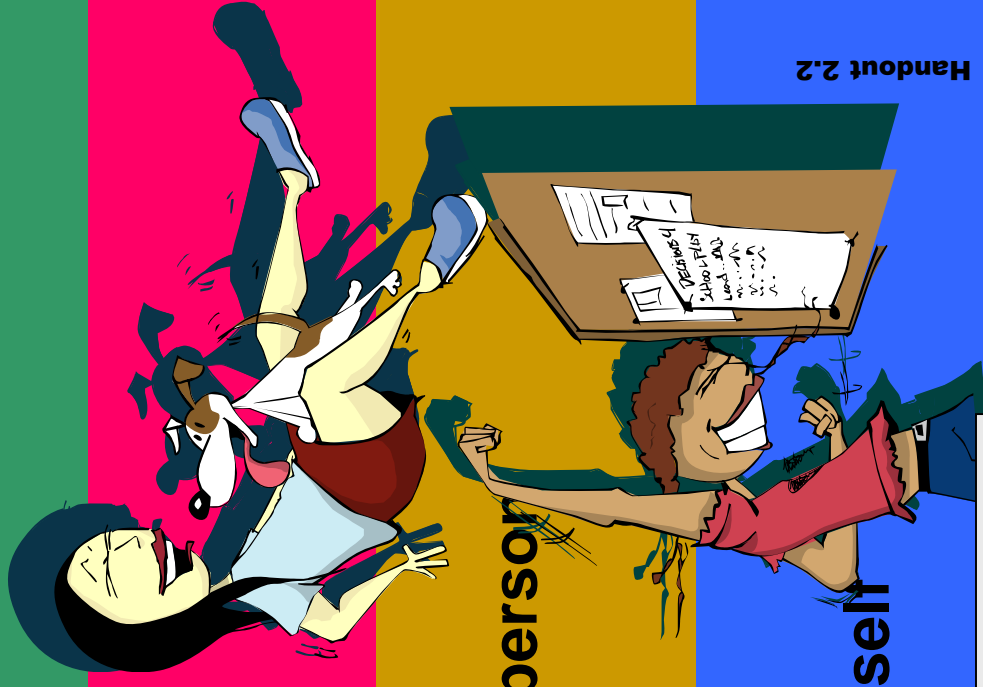


Increases probability of desired behavior

**Positive feelings in the household**



**Positive feelings toward the person giving reinforcement**



**Positive feelings toward self**

# “R and R” Menu

Handout 2.3

Rewards can take the form of activities, time/attention, compliments, privileges, social contact (time with friends etc) and material things.

<b>activities</b>		
<b>time/attention</b>		
<b>compliments</b>		
<b>privileges</b>		
<b>time with friends</b>		
<b>material things</b>		