The Modified Overt Aggression Scale (MOAS)*

INSTRUCTIONS
Rate the patient’s aggressive behavior over the past week. Select as many items as are appropriate.

SCORING
1. Add items within each category.
2. In the scoring summary, multiply sum by weight and add all the weighted sums for total weighted score. Use this score to track changes in level of aggression over time.

Verbal Aggression: Verbal hostility, statements or invectives that seek to inflict psychological harm on another through devaluation/degradation, and threats of physical attack.

___ 0. No verbal aggression
___ 1. Shouts angrily, curses mildly, or makes personal insults
___ 2. Curses viciously, is severely insulting, has temper outbursts
___ 3. Impulsively threatens violence toward others or self
___ 4. Threatens violence toward others or self repeatedly or deliberately (e.g., to gain money or sex)
___ SUM VERBAL AGGRESSION SCORE

Aggression Against Property: Wanton and reckless destruction of ward paraphernalia or other’s possessions.

___ 0. No aggression against property
___ 1. Slams door angrily, rips clothing, urinates on floor
___ 2. Throws objects down, kicks furniture, defaces walls
___ 3. Breaks objects, smashes windows
___ 4. Sets fires, throws objects dangerously
___ SUM PROPERTY AGGRESSION SCORE

Autoaggression: Physical injury toward oneself, self-mutilation, or suicide attempt.

___ 0. No autoaggression
___ 1. Picks or scratches skin, pulls hair out, hits self (without injury)
___ 2. Bangs head, hits fists into walls, throws self on floor
___ 3. Inflicts minor cuts, bruises, burns or welts on self
___ 4. Inflicts major injury on self or makes a suicide attempt
___ SUM AUTOAGGRESSION SCORE

Physical Aggression: Violent action intended to inflict pain, bodily harm, or death upon another.

___ 0. No physical aggression
___ 1. Makes menacing gestures, swings at people, grabs at clothing
___ 2. Strikes, pushes, scratches, pulls hair of others (without injury)
___ 3. Attacks others, causing mild injury (bruises, sprains, welts, etc.)
___ 4. Attacks others, causing serious injury (fracture, loss of teeth, deep cuts, loss of consciousness, etc.)
___ SUM PHYSICAL AGGRESSION SCORE

SCORING SUMMARY

<table>
<thead>
<tr>
<th>Category</th>
<th>Sum Score</th>
<th>Weights</th>
<th>Weighted Sum</th>
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</thead>
<tbody>
<tr>
<td>Verbal Aggression</td>
<td>X1</td>
<td></td>
<td></td>
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<tr>
<td>Aggression Against Property</td>
<td>X2</td>
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<tr>
<td>Autoaggression</td>
<td>X3</td>
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<tr>
<td>Physical Aggression</td>
<td>X4</td>
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<tr>
<td>Total Weighted Score</td>
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