

REACHing Kids

The REACH Institute Alumni Newsletter

"It was helpful to learn strategies and techniques that I am able to use with my clients right away." – Diana Cummings, 2015 CBT Anxiety alumna

"Likely the most clinically relevant meeting of 20 clinical years of meetings – everyone in primary care needs this!" – Tom Patterson, 2015 PPP alumnus

How has a REACH course changed your practice? Share your story with us on [Facebook](#), [Twitter](#), and [LinkedIn](#).

UPDATE YOUR REACH ALUMNI RECORD

REACH is updating its alumni database. Please [click here](#) to provide your current contact information and affiliations. Updating your record will insure you continue to receive REACH communications, designed to keep you in-the-know of our updates and events. Since alumni are central to our mission, we hope you'll stay connected with REACH.

REACH FACULTY INTERVIEWED AT AACAP

During an interview at a recent American Academy of Child and Adolescent Psychiatry meeting, REACH faculty member Dr. Lawrence Amsel described the [importance of REACH's work](#) for primary care doctors during an interview. Please share your thoughts on his interview via Facebook, Twitter, and LinkedIn.

UPCOMING 2015 REACH PROGRAMS

REACH will offer two more Primary Pediatric Psychopharmacology (PPP) Mini-Fellowship in 2015: July in California and November in New Orleans. Please check [our course information](#) for updates on dates and venues.

Clinicians in New York can attend a REACH PPP mini-fellowship course through our partner, [Child and Adolescent Psychiatry for Primary Care \(CAP-PC\)](#). Canadian clinicians may attend a REACH PPP mini-fellowship in Calgary through [CanREACH](#).

REACH also offers Child and Adolescent Training in Evidence-Based Psychotherapies (CATIE) programs. Please email lisa@thereachinstitute.org for more information.

SHOP ONLINE AND SUPPORT REACH

Simply click the [Support REACH](#) button at the bottom of our website pages, then click the [Online Shopping](#) button. You can purchase from hundreds of online retailers like Amazon and Target, and a percentage of your purchase will be donated to REACH. You do not have to create an account or download software. Thank you for your continuous support of our work.

How can we fully address the crisis in children's mental health services? Our [CEO and founder's answer](#) was published in the Wall Street Journal.



Contact Us

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SAY REACH!



REACH was in Buffalo, NY to train clinicians from Child & Adolescent Treatment Services in cognitive behavioral therapy for anxiety. Tom Ollendick, Ph.D. and REACH Executive Director, Lisa Hunter Romanelli, Ph.D braved the cold to share their expertise with course participants.

A WALL STREET JOURNAL LETTER TO THE EDITOR FROM REACH'S CEO AND FOUNDER

The Wall Street Journal published an article titled, “Tot Therapy: Psychiatrists Join Up With Pediatricians” in its January 13 Personal Journal section. REACH CEO and Founder Peter Jensen wrote the following response, which was published in the Wall Street Journal’s Letter to the Editor section on January 23, 2015.

“Embedding mental-health professionals in pediatric practices isn’t enough to fully address the crisis in children’s mental-health services (“Tot Therapy: Psychiatrists Join Up With Pediatricians,” Personal Journal, Jan. 13). Embedded mental-health professionals quickly become swamped if all children with mental-health problems are simply passed along to them. We need to empower pediatricians to identify and address child mental-health issues to maximize the benefits of embedded specialists.

Most pediatricians receive minimal training in childhood behavioral and emotional disturbances. This makes no sense. Imagine the great harm that would befall many children if their primary-care doctors weren’t trained in asthma care, leaving it in the sole hands of limited numbers of specialists. With proper training and support, pediatricians can effectively screen for and treat mild to moderate mental-health disorders. They also can learn how to partner with mental-health professionals, whether embedded or off-site, to manage the care of children with more serious mental-health concerns.

U.S. children’s mental-health needs will remain largely unmet until the preponderance of pediatricians become champions for mental-health needs, embracing these new responsibilities and seeking out the necessary training.”